



Programs & Services

Community Wellness Centers

- Preventative health screenings (including A1C, blood pressure, glucose, cholesterol and vaccinations)
- Education
- Food assistance
- Warm clothing & hygiene supplies for unsheltered populations

Prenatal Education Programs

- Education & Resource Wellness Centers
 - Heaven's Loft- North Little Rock
 - Little Rock
- Prenatal & postpartum education
- Infant CPR & first aid classes
- Car seat safety
- Safe sleep education

Mobile Health Unit

- 40-feet long "clinic" on wheels
- 2 private exam rooms
- Wellness screenings
- Education & referrals

Nutrition & Food Insecurity

- Healthy Cooking Classes
 - Adult + Kids
- Grocery store tours
- Food Rx Pantry Program
- Weight management education

Community Vaccination Clinics

- Flu Vaccine Clinics
- Back to school immunizations

Community Education & Screenings

- Chronic disease management education classes & support groups (diabetes & high blood pressure)
- Community health fairs & screening events



Baptist Health

COMMUNITY OUTREACH

Community Wellness Center Locations

AR State Troopers *staff only*

1 State Police Plaza Dr. | Little Rock
8:30am - 10:30am, 3rd Monday

Bryant Senior Activity Center

6401 Boone Rd. #3 (Bishop Park) | Bryant
9am - 11am, 2nd Wednesday

City Center

315 N Shackleford Rd | Little Rock
10am - 1pm, 2nd Tuesday

Dunbar Community Center

1001 W 16th Street | Little Rock
9am - 11am, 4th Thursday

East Little Rock Senior Center

2500 E 6th Street | Little Rock
9am - 11am, 1st Wednesday

Hays Senior Citizen Center *members only*

401 W Pershing | North Little Rock
9am - 12pm, 1st and 3rd Tuesday

Immerse Arkansas

5300 Asher Avenue | Little Rock
10am - 2pm, 2nd Monday

Jim Dailey Fitness & Aquatic Center

300 S Monroe Street | Little Rock
10am - 12pm, 1st Monday

Lonoke Community Center

1355 West Front Street | Lonoke
9am - 11am, Last Wednesday

Mosaic Church of Central Arkansas

6221 Colonel Glenn Road | Little Rock
11am - 1pm, 3rd Tuesday

Nixon Library

703 W Main St | Jacksonville
11:30am - 1:30pm, 2nd Thursday

NLR Police *staff only*

1 Justice Center Dr. | North Little Rock
8am - 10am, 2nd Monday

Parkway Village *members and staff only*

14300 Chenal Parkway | Little Rock
10am - 12pm, 2nd Friday

Sherwood Senior Citizen Center

2301 Thornhill Drive | Sherwood
9am - 11am, 1st & 3rd Wednesday

Southwest Community Center

6401 Baseline Road | Little Rock
9am - 11am, 3rd Thursday

West Central Community Center

8616 Colonel Glenn Rd | Little Rock
10:30am - 12pm, 2nd Wednesday